

PREFACE AND COMMENTARY ON THE RULES OF EXAMINATION

The requirements for promotion in rank must be understood in the complete context of continuing practice, deportment, and technical application.

It is simply not enough to have learned the necessary movements and to have performed them before the Board of Examiners. Karate grading implies what you are and do now, not what you did at examination time.

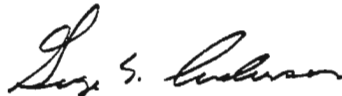
Learning the esoteric language has great universal importance. It is the common bond or communication that enables practitioner from different cultures and nations to work together and contribute their personal advancements to the common Karate goal.

Deportment, or behavior, is a pattern of grace which allows us to disagree, hold different opinions, and pursue conflicting goals in our practice of Karate and still contribute to and work within the total comprehensive martial arts structure.

Respect for elders and seniors helps create a family structure that reinforces the student from above and below. This stabilization helps the practitioner cope with the real and imaginary failures and successes, inside the practice hall and out, which his newly awakened physical and mental relationship might bring.

The Chief Instructor and the Seniors remain somewhat aloof and apart in attitude. They alone understand the real need to see the practitioner from a detached, higher, and non-emotional point of view in order that the character and personality of each student individually can be tested and known.

To truly complete these requirements, the student must fully immerse himself in the patterns of tradition and honestly respect and protect the structure in which he learns.



George Edward Anderson
5th Dan CTA, USKA
Head Master-KWAMUKAN



CENTRAL TAEKWONDO ASSOCIATION

It is recommended that no ranks should be issued under the Taekwondo system unless they qualify in accordance with minimum standards. All Taekwondo practitioners must perform "Hyung" from their rank classification. A Kup who has proven excellence in Hyung competition with a Kup Hyung may be taught only one Black Belt Hyung of the Taekwondo system. Hyung must correspond to the central system of the Dojang in which they practice.

YELLOW BELT 10 - 9 KUP

General Taekwondo knowledge and procedure. Basic blocks, strikes, kicks and stances.
4 one - step sparring(s)
4 3 - step sparring(s)
4 releases
Three star exercise
Ap-cha Olligi; Yup-cha Olligi
Hyung: Taegue 1 or Kwan Mu 1 (introduction) OR Chungi Hyung OR Palgwe 1
Basic free sparring
Approximately 65 class hours

GREEN BELT 6 - 5 KUP

General TKD knowledge and procedure
All basic blocks, strikes, kicks and stances.
Two take downs
Kimase stance ½ hour
3 primary tournament sparring tech.
Competitive free sparring
Leg flexibility drills
Hyung: Pyung-An 1, 2, 3, 4, OR Palgwe 1, 2, 3, 4, OR ITF Hyung OR Kwan Mu 1 and basic Kwan Mu 2
Approximately 225 class hours

BROWN BELT 2 - 1 KUP

Perfection of general TKD knowledge and procedure.
4 one-hand direct counters
Total standing release capacity
6 direct kicking counters
Yawara proficiency
Short stick basics
Knowledge of match procedure
Difference between Karate & TKD
6 throwing techniques in one-step
Hand drills and/in stance relationships
Advanced competitive sparring
Hyung: Pyung-An 1, 2, 3, 4, 5 at speed OR ITF 1, 2, 3, 4, 5, 6, 7, 8, 9, OR Kwan Mu 1, 2, 3.
Approximately 350 class hours

BLACK BELT 2nd GRADE

Perfection of General TKD Knowledge and Procedural.
Perfection of basic techniques
Interpretation of all Hyung
Proficiency in Free - Sparring
Mastery of Bag usage
Mastery of Kwon - Go Techniques
Roll out Ukemi
4 Foot Hooks and Sweeps
4 Arm Locks
Standing punch reflex training
10 Kick - Punch attack counters
10 Direct Kick counters
5 Direct Punch counters
Hyung: Chulgi 2, Palsek Sho, Palsek Da OR Kwan Mu 1, 2, & 3 to perfection OR ITF Hyung OR Kum Kang Hyung
Paper on assigned subject
1 - 2 years since last promotion

BLUE BELT 8 - 7 KUP

General TKD knowledge and procedure
All basic blocks, stances, strikes and kicks.
Three Star exercise with force
Wrist press exercise
Leg flexibility drills
8 one - step sparring(s)
8 3 - step sparring(s)
Ukemi and Intermediate Competition
Hyung: Taegue 1, 2, 3 & Pyung-An 1, 2 OR Kwan Mu 1 OR ITF Hyung OR Palgwe 1, 2,
Approximately 195 hours

PURPLE BELT 4 - 3 KUP

General TKD knowledge and procedure
All basic blocks, strikes, kicks and stances.
6 kick punch attack counters
Breath control in meditation
Standing punch reflex training
10 one - step defends with Yaware
Expertise in one & 3 - step sparring
Kicking drills at speed with force
Hyung: Pyung-An 1,2, 3, 4, 5, OR Palgwe 1 to 6 OR ITF OR Kwan Mu 1, and 2.
Approximately 300 class hours

BLACK BELT 1st GRADE

Perfection of general TKD Knowledge and Procedure. Perfection of blocks strikes, kicks and stances.
20 one - step sparring(s)
20 3 - step sparring(s)
10 releases
4 Take-Downs and Ukemi(s)
5 Jump-Kick combinations in one - step
Kimase ½ hour
Break 3 boards with three techniques
Proficiency in Free Sparring(s)
Knowledge of Zen and Meditation
Knowledge of Teaching Principles
Hyung: Taegue 1 to 3, and Pyung-An 1 thur 5 and Chulgi 1 Or Kwan Mu 1 thur 3 OR ITF Hyung 1 thur 9 OR Palgwe Hyung 1 thur 8 and Koryo

BLACK BELT 3rd GRADE

Perfection of the lower requirements
Interpretation of all Hyung
20 applications of Hyung to free sparring, 50 one - step sparring(s)
10 Self-Defence street techniques with Primary strike capacity, 4 choking Tech, and 4 holding methods.
Hyung: Yunbi, Chung Mu, Chulgi 3 OR Kwan Mu combinations OR ITF forms OR Tae 'Baek Hyung
Paper on assigned subject
2 years since last promotion



SHOREI-RYU MINIMUM STANDARDS

It is mandatory that all Shorei-ryu schools and Karate-ka conform strictly to the Shorei-ryu standards of Karate. In the future there will be no ranks or renewals issued under the Shorei-ryu system unless they qualify in accordance with Minimum Standards. In Kata competition all Shorei-ryu Karate-ka shall perform Katas specified in their rank classification. Black Belts may perform any Kata within the Shorei-ryu system. This order will become effective December 20, 1972 by order of Robert A. Trias, 8th Dan, Master of all Shorei-ryu Karate.

YELLOW BELT

Introduction to Basic Blocks, Strikes, Kicks and Stances
Tai Kyoku Kata
Wun Su Kata
Proper Orei Procedure
2 Shorei-ryu Ippons
1 Taezu Naru Waza
5 Body Forms (1st of each series)
4 Self Defenses
Ukemi
Form sparring full speed (1 minute)
65 Class hours

GREEN BELT

All Basic Blocks, Strikes, Kicks & Stances
Sanchin Kata
3 Shorei-ryu Ippons
4 Taezu Naru Waza
5 Body Forms (3rd of each series)
8 Self Defenses
Form sparring full speed (3 minutes)
Introduction to throwing techniques
225 Class hours

BROWN BELT

All Basic Blocks, Strikes, Kicks & Stances
Tsue-sho Kata (Bo-Kata)
Basai-Dai Kata
Shorei Nega
10 Shorei-ryu Ippons
1-10 Kihons
Empi Uke Waza – Soft & Hard
14 Self Defenses
8 Taezu Naru Waza
Form sparring full speed (5 minutes)
May start learning and can perform Go Pei Sho and
Dan Enn Sho Katas
Introduction to joint locks
Introduction to Zen Philosophy and meditation
350 Class hours

BLACK BELT 2ND GRADE

Perfection of Basic Blocks, Strikes, Kicks and Stances
Interpretation of all Katas
Naifunchin # 2
Nandan Sho Kata
Kan Ku Sho Kata
Neko Buto 1 & 2
20 Shorei-ryu Ippons
20 Shorei-ryu Kihons
Use of Sai
Form Sparring Full speed (7 minutes)
550 Class hours

BLUE BELT

All Basic Blocks, Strikes, Kicks & Stances
Anaku Kata
Naifunchin Kata #1
4 Shorei-ryu Ippons
2 Taezu Naru Waza
5 Body Forms (2nd of each series)
6 Self Defenses
Advanced Ukemi-Leg Sweeps
Form sparring full speed (2 minutes)
195 Class hours

PURPLE BELT

All Basic Blocks, Strikes, Kicks & Stances
Empi-Sho Kata
Shorei Omoto Ten No Kata
8 Shorei-ryu Ippons
Shorei Geri Waza
6 Taezu Naru Waza
Shorei Yee
15 Body Forms
Form sparring full speed (4 minutes)
Introduction to choking and pinning
300 hours

BLACK BELT 1ST GRADE

Perfection of Basic Blocks, Strikes, Kicks and Stances
Interpretation of all Katas
Go Pei Sho Kata
Dan Enn Sho Kata
15 Shorei-ryu Ippons
15 Shorei-ryu Kihons
15 Self Defenses
10 Taezu Naru Waza
Form sparring full speed (6 minutes)
Basic knowledge of grappling
Knowledge of Zen and meditation
Knowledge of teaching principles
500 Class hours

BLACK BELT 3RD GRADE

Perfection of Basic Blocks, Strikes, Kicks and Stances
Interpretation of all Katas
Naifunchin # 3
Tegatana (Sai Kata)
Neko Buto 3, 4, & 5
Ten Sho Kata
Use of Nun-chukas
26 Shorei-ryu Ippons
30 Shorei-ryu Kihons
Form sparring full speed (8 minutes)
600 Class hours

REQUIREMENTS FOR 10TH KUP - GOLD BELT

TIME - Minimum 8 weeks practice (16 classes)

1. Hyung - Taegue 1
2. Demonstrate stances
3. Demonstrate Front kick
 Side Kick
 Roundhouse kick
4. Demonstrate Reverse punch
 Lunge punch
5. Demonstrate 4 one-step sparrings
 (recommended)
 1. Step back and counter with punch
 2. Step in with inside block and backfist
 3. Step back and front kick
 4. Step to side and round kick
6. Execute 4 releases
 (recommended)
 1. Hold one arm by wrist
 2. Hold lapel by two hands
 3. Hold shoulder by one hand from rear
 4. Hold neck from side

REQUIREMENTS FOR 9TH KUP - GOLD BELT

TIME - 8 weeks since last test.

1. Hyung - Taegue 1, 2, 3
2. Execute 4 one-step sparrings
3. Execute 4 three-step sparrings
4. Demonstrate Three-Star exercise
5. Execute 4 releases
6. Demonstrate kicking techniques
7. Demonstrate working knowledge of terminology

REQUIREMENTS FOR 8TH KUP - BLUE BELT

TIME - 8 weeks since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgwe 1
 3. Kwan Mu 1 (knowledge of pattern only)
 4. Pinan 1 (for extra credit)
2. Three-Star exercise with force
3. Execute 8 one-step sparrings
4. Execute 4 three-step sparrings
5. Demonstrate wrist press exercise
6. Free sparring for 1 minute

REQUIREMENTS FOR 7TH KUP - BLUE BELT

TIME - 8 weeks since last test

1. Hyung -
 1. Taegue 1, 2,3
 2. Palgwe 1
 3. Palgwe 2*
 4. Kwan Mu 1
 5. Pinan 2 (for extra credit)
2. Three-Star and Wrist Press exercises.
3. Execute 8 one-step sparrings
4. Execute 8 three-step sparrings
5. Demonstrate basics of Ukemi-Waza
6. Free sparring

REQUIREMENTS FOR 6TH KUP - GREEN BELT

TIME - 8 weeks since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgue 1, 2
 3. Palgue 3*
 4. Kwan Mu 1
 5. Pinan 1, 2, 3 (for extra credit)
2. Three-Star and Wrist Press exercises
3. Execute 8 one-step sparrings
4. Execute 8 three-step sparrings
5. Demonstrate Ukemi-Waza
6. Demonstrate 2 take downs
7. Kimase stance $\frac{1}{2}$ hour
8. Demonstrate 3 tournament sparring techniques
9. Free sparring

REQUIREMENTS FOR 5TH KUP - GREEN BELT

TIME - 12 weeks since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgue 1, 2, 3
 3. Palgue 4*
 4. Kwan Mu 1
 5. Kwan Mu 2 (basic knowledge of pattern only)*
 6. Pinan 1, 2, 3, 4 (for extra credit)
2. Three-Star and Wrist Press exercises
3. Execute 8 one-step sparrings
4. Execute 8 three-step sparrings
5. Demonstrate Ukemi-Waza
6. Demonstrate 2 take downs
7. Kimase for ½ hour
8. Demonstrate 3 tournament techniques
9. Execute 3 direct kicking counterattacks
10. Demonstrate kicking drills
11. Free sparring

REQUIREMENTS FOR 4TH KUP - PURPLE BELT

TIME - 12 weeks since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgwe 1, 2, 3, 4
 3. Palgwe 5*
 4. Kwan Mu 1
 5. Kwan Mu 2
 6. Pinan 1, 2, 3, 4, 5 (for extra credit)
2. Three Star and Wrist Press exercises
3. Execute 8 one-step sparrings
4. Execute 8 three-step sparring exercises
5. Demonstrate Ukemi-Waza
6. Demonstrate 2 take downs
7. Kimase for $\frac{1}{2}$ hour
8. Demonstrate 3 tournament techniques
9. Execute 3 direct kicking counters
10. Demonstrate kicking drills
11. Execute the 6 kick-punch one-steps
12. Demonstrate breath control
13. Free sparring

REQUIREMENTS FOR 3RD KUP - PURPLE BELT

TIME - 12 weeks since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgue 1, 2, 3, 4, 5
 3. Palgue 6*
 4. Kwan Mu 1, 2
 5. Pinan 1, 2, 3, 4, 5 (for extra credit)
2. Three Star and Wrist Press exercises
3. Execute 8 one-step sparrings
4. Execute 8 three-step sparrings
5. Demonstrate Ukemi-Waza
6. Demonstrate 2 take downs
7. Kimase for 1/2 hour
8. Demonstrate 3 tournament techniques
9. Execute 3 direct kicking counters
10. Demonstrate kicking drills
11. Execute the 6 kick-punch one-steps
12. Demonstrate breath control
13. Demonstrate understanding of standing punch reflex drill
14. Execute 10 one-step defends with yawara
15. Free sparring

REQUIREMENTS FOR 2ND KUP - BROWN BELT

TIME - 12 weeks since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgue 1, 2, 3, 4, 5, 6
 3. Palgue 7*
 4. Kwan Mu 1, 2
 5. Pinan 1, 2, 3, 4, 5 (for extra credit)
2. Three Star and Wrist Press exercises
3. Execute 8 one-step sparrings
4. Execute 8 three-step sparrings
5. Demonstrate Ukemi-waza
6. Demonstrate 2 take downs
7. Kimase for 1/2 hour
8. Demonstrate 3 tournament techniques
9. Demonstrate 3 direct kicking counters
10. Demonstrate kicking drills
11. Execute the 6 kick-punch one-steps
12. Demonstrate breath control
13. Demonstrate standing punch reflex drill
14. Execute 10 one-step defends with yawara
15. Execute 4 one hand defends
16. Demonstrate total release capacity
17. Free sparring

REQUIREMENTS FOR 1ST KUP - BROWN BELT

TIME - 6 months since last test

1. Hyung -
 1. Taegue 1, 2, 3
 2. Palgue 1, 2, 3, 4, 5, 6, 7, 8
 3. Pinan 1, 2, 3, 4, 5 (extra credit)
 4. Kwan Mu 1, 2, 3
 5. Cumg Mu (extra credit)
2. Demonstrate 8 one-step sparrings
3. Demonstrate 8 three-step sparrings
4. Demonstrate three star and wrist press
5. Demonstrate total release capacity
6. Demonstrate capacity in Ukemi-Waza
7. Execute 6 throwing techniques in one-step sparring
8. Execute 6 direct kicking counters
9. Demonstrate kicking drills
10. Demonstrate hand drills and stance changes
11. Execute the 6 kick-punch one steps.
12. Demonstrate standing punch reflex drills
13. Demonstrate with Yawara
14. Demonstrate with short stick
15. Execute 4 one hand defends
16. Competition sparring
17. Demonstration of knowledge of match procedure differences between Taekwondo and Karate

BLACK BELT TEST - PROCEDURES

SCHEDULING

At least 30 days prior to the examination, the applicant must forward the eligibility evaluation form to the central office of the organization. The Ranking and Certification Committee then will prepare and forward the proper physical evaluation forms and will schedule the examination date.

BOARD OF EXAMINERS

FIRST DEGREE - The Board of Examiners shall consist of at least one examiner of third dan or above and two or more examiners of second dan or above.

The concurrence of one director and the approval of the immediate instructor is necessary for the issuing of the official certification.

The new black belt will be considered to be on probation for a period of six months from the date of his testing. If, in this period, the director signing the certification, upon notice of improprieties or misbehavior on the part of the new black belt, may request the return of the certificate and all collateral credentials.

SECOND DEGREE AND ABOVE - The makeup of the Board of Examiners must conform to the current regulations of the Association. The confirmation of the Directors per the Constitution must be obtained for the issuance of credentials.

GENERAL REGULATIONS -

1. The student must describe each technique in the proper terminology.
2. Attention must be given to the starting and stopping attitude.
3. The Examiners may question the applicant at any time about any related subject.
4. The applicant must refrain from making any sign of approval or disapproval over his own actions.
5. The applicant shall assume command over his examination assistant.
6. The applicant may request a review of his Examiner's commentaries.
7. If the applicant fails on only one section of the examination, he may be requested to appear later to be examined on that point only, or he may be required to retest completely, depending on the consensus of the Board of Examiners in concurrence with the Ranking and Certification Committee.

TECHNICAL REQUIREMENTS FOR FIRST DEGREE BLACK BELT

ORDER OF THE EXAMINATION

1. Demonstrate Three Star exercise with force
2. Demonstrate Wrist Press exercise
3. Execute 20 one step sparring combinations
4. Execute 20 three step sparring combinations
5. Execute 10 releases
6. Execute 4 take down techniques
7. Demonstrate Ukemi-Waza
8. Demonstrate 40 hands and corresponding stance relationships
9. Demonstrate kick drill sequence and explain function
10. Break 3 boards with any 3 of the following:
 - Punch
 - Round kick
 - Sudo
 - Side Kick
 - Front kick
 - Hammer Fist
11. Stand in kimase for $\frac{1}{2}$ hour
12. Execute form requirements for Cho-Dan
13. Demonstrate proficiency in free sparring

FORMS REQUIRED

GROUP 1

Taegue 1, 2, 3
Pinan 1, 2,3, 4, 5
Chulgi 1

GROUP 2

Kwan Mu First Effort
Kwan Mu Second Effort
Kwan Mu Third Effort

GROUP 3

Chon-Ji
Tan-Gun
To-San
Won-Hyo
Yul-Kok
Chung-Gun
Toi-Gye
Hwa-Rang
Chung-Mu

GROUP 4

Palgue Hyung II Jang
Palgue Hyung Yi Jang
Palgue Hyung Sam Jang
Palgue Hyung Sa Jang
Palgue Hyung O Jang
Palgue Hyung Yuk Jang
Palgue Hyung Chil Jang
Palgue Hyung Pal Jang
Koryo Hyung

All forms must be done at fighting speed without error. Groups may not be interchanged. Forms must correspond to the Central Dojang in which the student is practicing.

Examiners may require the complete explanation and demonstration of each form. The student will be considered as not knowing the form if he fails to provide the proper technical terminology.

QUESTIONS FOR BLACK BELT PROMOTION

1. Why did you start studying karate?
2. Why have you continued to study karate?
3. If you earn your black belt, do you intend to continue studying karate?
4. Do you feel you could handle yourself in all street situations?
5. For what purpose do you feel karate was created? What keeps it alive? What do you feel it will take to perpetuate karate?
6. What is the purpose of learning basic movements? Kata? One-step? Kumite?
7. Why do you think 40% of your grade at promotion is attitude and attendance?
8. What is a black belt?
9. Why do you bow to the flag, instructor and each other?
10. Would you so proficiently train a student that someday he might be better at karate than you? If so, why?
11. What is success?
12. Who are you?
13. What is your goal in karate?
14. Do you have a goal in life and are you working towards it?

The purpose of these questions is to cause self-development and soul searching. There are no wrong answers -- they are your answers.

EXAMINERS: _____

REQUIREMENTS

Rating (1-10)

Evaluation and Commentary

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____
- 11. _____
- 12. _____
- 13. _____

PASSED

FAILED

PHYSICAL EVALUATION SHEET FOR SECOND DEGREE BLACK BELT

All First Degree requirements plus:

1. Proficiency in sparring
2. 10 direct kicking combinations
3. 5 direct punching hand combinations
4. Demonstrate mastery of bag technique
5. Demonstrate mastery of kwan-go technique
6. Demonstrate roll out break falls
7. Execute 4 foot hooking and sweeping methods
8. Demonstrate 4 arm locks
9. Show standing punch reflex training efficiency
10. Execute the 10 kick punch attack defends
11. Execute the form requirements for 2nd Dan
12. Write paper on assigned subject

Hyung requirements: (Execute from one group)

- | | | |
|---------|----|--|
| Group 1 | -- | Chulgi 2
Pal sek Da
Pal sek Sho
Kwan Mu 1, 2, 3 |
| Group 2 | -- | International Taekwondo Federation Forms |
| Group 3 | -- | Kum 'Kang Hyung |

Examiners may require the complete explanation and demonstration of each form. The student will be considered as not knowing the form if he fails to provide the proper technical terminology.

PHYSICAL EVALUATION SHEET FOR THIRD DEGREE BLACK BELT

All Second Degree requirements plus:

1. Demonstrate application of form to free sparring and show 20 applications
2. Explanation and analysis of Kwan Mu or similar root form
3. Kinesiological explanation of round and side kick actions
4. Demonstrate proficiency as an instructor
5. Demonstrate accuracy and control of standing kicks and jumping kicks
6. Execute 50 one step sparrings
7. Demonstrate 10 self-defense street techniques
8. Show primary strike capacity
9. Demonstrate 4 choking methods
10. Demonstrate Kesagatami and Katagatami
11. Execute form requirements
12. Paper on assigned subject

Hyung requirements: (Execute from one group)

- | | |
|------------|--|
| Group 1 -- | Yunbi
Chung Mu
Chulgi 3
Kwan Mu |
| Group 2 -- | International Taekwondo Federation Forms |
| Group 3 -- | Tae 'Baek Hyung |

Examiners may require the complete explanation and demonstration of each form. The student will be considered as not knowing the form if he fails to provide the proper technical terminology.

PHYSICAL EVALUATION SHEET FOR FOURTH DEGREE BLACK BELT

All Third Degree requirements plus:

1. Presentation of unique analytical program for sequential instruction of any primary technique. (Must be instituted and shown to be functional for training)
2. Demonstration of methods of off-balancing
3. Demonstration of basic knowledge of throwing (Tachi-waza) and grappling (Katami-waza)
4. Demonstration of 10 concepts of sparring and relation of them to form
5. Demonstration and explanation of 10 tournament fighting techniques.
6. Presentation to the testing examiners a 30 minute taped discourse on karate philosophy (suggested - Funikoshi's Six Rules)

Hyung requirements: (Execute from one group)

- Group 1 -- Chun Kwan
Kong San Goughn
- Group 2 -- International Taekwondo Federation Forms
- Group 3 -- Baek 'Jae Hyung
Ship 'Jin Hyung
- Group 4 -- Acceptable free kata

Examiners may require the complete explanation and demonstration of each form. The student will be considered as not knowing the form if he fails to provide the proper technical terminology.

I.

TABLE FOR MINIMUM TIME IN GRADE BEFORE APPLICATIONS ARE ACCEPTED

For promotion, a minimum of years in rank is required before applying for the next rank.

POINTS ARE CALCULATED ACCORDINGLY (Min. years in rank)

	50 Points	30 Points	25 Points	20 Points	10 Points	Age Min.
1st Brown	3 yrs.	2 yrs.	1 yr.	9 mos.	6 mos.	15 yrs.
1st Dan	4 yrs.	3 yrs.	2 yrs.	1 yr.	1 yr.	17 yrs.
2nd Dan	6 yrs.	4 yrs.	3 yrs.	2½ yrs.	1½ yrs.	18 yrs.
3rd Dan	8 yrs.	5½ yrs.	4 yrs.	3 yrs.	2 yrs.	21 yrs.
4th Dan	10 yrs.	6½ yrs.	5 yrs.	4 yrs.	3 yrs.	23 yrs.
5th Dan	12 yrs.	8 yrs.	6 yrs.	5 yrs.	4 yrs.	26 yrs.
6th Dan	15 yrs.	10 yrs.	8 yrs.	6 yrs.	5 yrs.	31 yrs.

Add 5 points for each year over minimum years in grade.

EXAMPLE for computing points: If a competitor is applying for the rank of 3rd Dan he must:

1. Be minimum age of 21
2. Have been 2nd Dan for minimum of 1½ years.

EXAMPLE for calculating points.

1. The above competitor would receive 10 points
2. A competitor, going for 4th Dan, has been 3rd Dan for 7 years, would receive 37½ points (30 for minimum requirement of 5½ years, and 7½ points for 1½ years over minimum).

Points _____

II

AGE (Points allowed for your age)

20 and under	0 _____	41-50	8 _____
21-30	3 _____	51-60	9 _____
31-40	6 _____	61 over	10 _____

Maximum 10 _____

III. COMPETITION RECORD

Score	First Place	-----	12 Points
	Second Place	---	8 Points
	Third Place	----	5 Points
	Fourth Place	---	3 Points
	Enter but no place	----	1 Point

Tournaments of over 350 competitors

Multiply points by 1.5

Tournaments of national standing, AAU, USKA, CTA, etc.

Multiply points by 2

Year	Event	Location	Placed	Points
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Maximum Points 50 _____

IV FORM (POOMSE - KATA) Knowledge and Proficiency

MAXIMUM score for excellence

Group 1.

Taegu (Taeyoku) Nos. 1-3	0-5 _____
Pyungan (Pinan) Nos. 1-5	0-10 _____
Chulgi OTekki) Nos. 1-3	0-15 _____
Palsekso (Batsai Sho)	0-10 _____
Palsekda (Batsai Dai)	0-15 _____
Yunbi (Empi)	0-15 _____
Koung San Gougn (Kushanku)	0-20 _____
Chung Kwan	0-20 _____
Kwan MU First Effort	0-20 _____
Kwan MU Second Effort	0-20 _____
Kwan MU Third Effort	0-20 _____
Others	_____

Group 2.

Taegeuk 1-8	0-40 _____
Palgue 1-8	0-40 _____
Koryo - Kumgang - Taebaek - Pyongwon	0-40 _____
Sipjin - Jitai - Cheon Kwan	0-40 _____
Others	_____

Group 3.

ITF Patterns	
1-9	0-40 _____
Others	_____

Maximum Score 160 _____

VII ORGANIZATIONAL ACTIVITY

Year	_____	AAU Club Representative	No. Years	_____	1 Point	_____
Year	_____	AAU National Delegate	" "	_____	20 Points	_____
Year	_____	AAU Committee Officer	" "	_____	10 Points	_____
Year	_____	AAU Local Assn Officer	" "	_____	20 Points	_____
Year	_____	AAU Local Sport Comm. Officer	" "	_____	10 Points	_____
Year	_____	Local Assn. Officer	" "	_____	10 Points	_____
Year	_____	USKA Representative	" "	_____	10 Points	_____
Year	_____	Local Police Dept.	" "	_____	2 Points	_____
Year	_____	County Sheriff Dept.	" "	_____	2 Points	_____
Year	_____	State Police	" "	_____	2 Points	_____
Year	_____	Other	" "	_____		_____
Maximum points 50					Total	_____

VIII CERTIFICATIONS

Year	_____	Woman's Anti-Assault Program	10 Points	_____
Year	_____	Ohio Peace Officers Training	5 Points	_____
Year	_____	" " " Instructor	20 Points	_____
Year	_____	USKA Police Officer Training	5 Points	_____
Year	_____	" " " Instructor	20 Points	_____
Year	_____	Ohio Education Dept. Police Ins.	5 Points	_____
Year	_____	CTA Police Council	10 Points	_____
Year	_____	Other		_____
Maximum points 50				Total _____

VI OFFICIATING AND JUDGING

AAU Certification	Year		
Class A	_____	15 Points	_____
Class B	_____	10 Points	_____
Class C	_____	8 Points	_____
Class D	_____	3 Points	_____
Class E	_____	1 Point	_____
		Total	_____

Experience Judging = 1 point, referee = 2 points
 Chief referee = 10 points.

YEAR	LOCATION	EVENT	POSITION	POINTS
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Maximum Points 35 Total _____

V TEACHING CREDITS

	Years		Asst. Inst.		Inst.		Head		Points
YMCA	_____ x 1		_____ 2		_____ 3		_____ =		_____
Club	_____ x 1		_____ 2		_____ 3		_____ =		_____
Grade School	_____ x 1		_____ 2		_____ 4		_____ =		_____
High School	_____ x 1		_____ 2		_____ 4		_____ =		_____
College	_____ x 1		_____ 4		_____ 8		_____ =		_____
Police	_____ x 1		_____ 4		_____ 8		_____ =		_____
Seminars	_____ x 1		_____ 2		_____ 3		_____ =		_____

Maximum Points 40 Total _____

VI SEMINARS AND CLINICS

Score 3 points for attend, 9 points for conduct.

Attend local clinic and seminars	_____
Conduct " " " "	_____
Attend national clinic "	_____
Conduct " " " "	_____

Maximum points 18 Total _____

PERSONAL EVALUATION SHEET

Consideration	Usual Points	Maximum Points	APP SCORE
Time in Grade	20	95	_____
Age	3	10	_____
Competition Record	25	50	_____
Forms	80	160	_____
Teaching Credits	10	40	_____
Officiating	13	35	_____
Organizational	10	50	_____
Certifications	15	50	_____
Clinics	<u>6</u>	<u>18</u>	_____
	82	508	Total _____

Minimum totals acceptable:

Consideration	DAN GRADE	1	2	3	4	5
Time in grade		10	10	10	10	10
Age		0	3	3	6	8
Competition		20	13	0	0	0
Forms		60	90	110	130	160
Teaching		1	4	9	15	40
Clinics		9	9	9	18	8
Officials		10	10	15	25	25
Organization		1	1	10	20	30
Certification		10	15	15	30	30
		<u>121</u>	<u>155</u>	<u>181</u>	<u>254</u>	<u>311</u>

Minimum scores must be reached in each category but in special circumstances an outstanding special score may be applied to a related area to strengthen a weakness. However, the minimum score must be reached. Of course, physical skill must be tested to secure grade promotion.

NATIONAL AAU
OFFICIALS CERTIFICATION REQUIREMENTS

CLASS E - Court officials (score keeper, time keepers, etc.) only, at regional or level tournaments.

REQUIREMENTS	HOW ACHIEVED
1. Basic understanding of official rules and procedures (Rule book).	1. Clinic lecture & discussion.
2. Working knowledge of point scoring and determining winners in individual and team eliminations.	2. Clinic lecture & workshops.
3. Working knowledge of time keeping.	3. Clinic lecture & workshops.
4. Working knowledge of flag signals.	4. Clinic lecture & workshops.
5. Certification of Authorized Official.	5. Clinic lecture & workshops.

CLASS-D Court officials or corner judges at regional or zonal level tournaments.

REQUIREMENTS:	HOW ACHIEVED
1. Proficiency in understanding official rules and procedures (rule book).	1. Written test.
2. Proficiency in officiating as a corner judge.	2. Practice matches.
3. Certification of Authorized Official.	3. Clinic lecture & workshops.

CLASS-C Referees at regional or zonal tournaments, or corner judges at level of National Tournaments.

REQUIREMENTS:	HOW ACHIEVED
1. Knowledge of referee terms and methods of signalling.	1. Written test.
2. Proficiency in officiating as referee.	2. Practice matches.
3. Certification of Authorized Official.	3. Clinic lecture & workshops.

CLASS-B Arbitrators at regional or zonal levels, and corner judges and/or referees at the national level.

REQUIREMENTS	HOW ACHIEVED
1. Proficiency in officiating as arbitrator.	1. Experience & level of proficiency demonstrated in tournaments.
2. Proficiency in understanding the operation & organization of national championships.	2. Discussion.
3. Certification of Authorized Official.	3. Clinic Lecture & workshops.

CLASS-A Arbitrators and/or referees at the National level. Can also assume any forementioned positions.

NATIONAL AAU - OFFICIALS CERTIFICATION REQUIREMENTS (continued)

REQUIREMENTS

HOW ACHIEVED

-
1. Proficiency in understanding two or more languages.
 2. Must also meet all above requirements.
 3. Certification by Authorized Official Chairman.

-
1. Demonstrated knowledge.
 2. Demonstrated in previous tournaments.
 3. Written test.

REFEREE

1.	Attention and Concentration	_____
2.	Dignity and Self-possession	_____
3.	Quality of Judgment	_____
4.	Attitude of Match Operation	_____
5.	Efficiency, speed and refinement of behavior	_____
6.	Use of Corner Judges without discussion	_____
7.	Use of Judges through discussion	_____
8.	Signaling	_____
9.	Language	_____
10.	Comment	_____
	TOTAL	<input type="text"/>

JUDGING

1.	Attention and Concentration	_____
2.	Quality of Judgment	_____
3.	Whistle Signals	_____
4.	Flag Signals	_____
5.	Attentive to Out of Bounds	_____
6.	Comment	_____
	TOTAL	<input type="text"/>

* Score 1 - 10 on relative excellence

RANKING SYSTEM OF THE C.T.A.

RANKS	AGE	TITLE
Jo-Dan (10th) over 10 years after Ku-Dan	70 years old or older	Hanshi over 15 years after Kyoshi and at least 55 years old or older
Ku-Dan (9th) over 9 years after Hachi-Dan	60 years old or older	
Hachi-Dan (8th) over 8 years after Shichi-Dan	50 years old or older	Kyoshi over 10 years after Renshi and at least 40 years old or older
Shichi-Dan (7th) Over 7 years after Roku-Dan	42 years old or older	
Roku-Dan (6th) over 5 years after Go-Dan	35 years old or older	Renshi over 2 years after 5th Dan and 35 years old or over
Go-Dan (5th) over 3 years after Yo-Dan	Under 35 years old	
Yo-Dan (4th) over 3 years after San-Dan	Under 35 years old	
San-Dan (3rd) over 2 years after Ni-Dan	Under 35 years old	No formal title
Ni-Dan (2nd) over 1 year after Sho-Dan	Under 35 years old	No formal title
Sho-Dan (1st) at least 2 years training	No specific age	No formal title
Kup (kyu) ranks It is recognized that various systems use different types of Kup ranking	No specific age	Below Brown recognized by different colors All Kup (kyu) ranks are considered white relative to black

NB Titles may not be given irrespective of how high the rank, but must be awarded for exceptional achievement and outstanding character.